STOUTONIA

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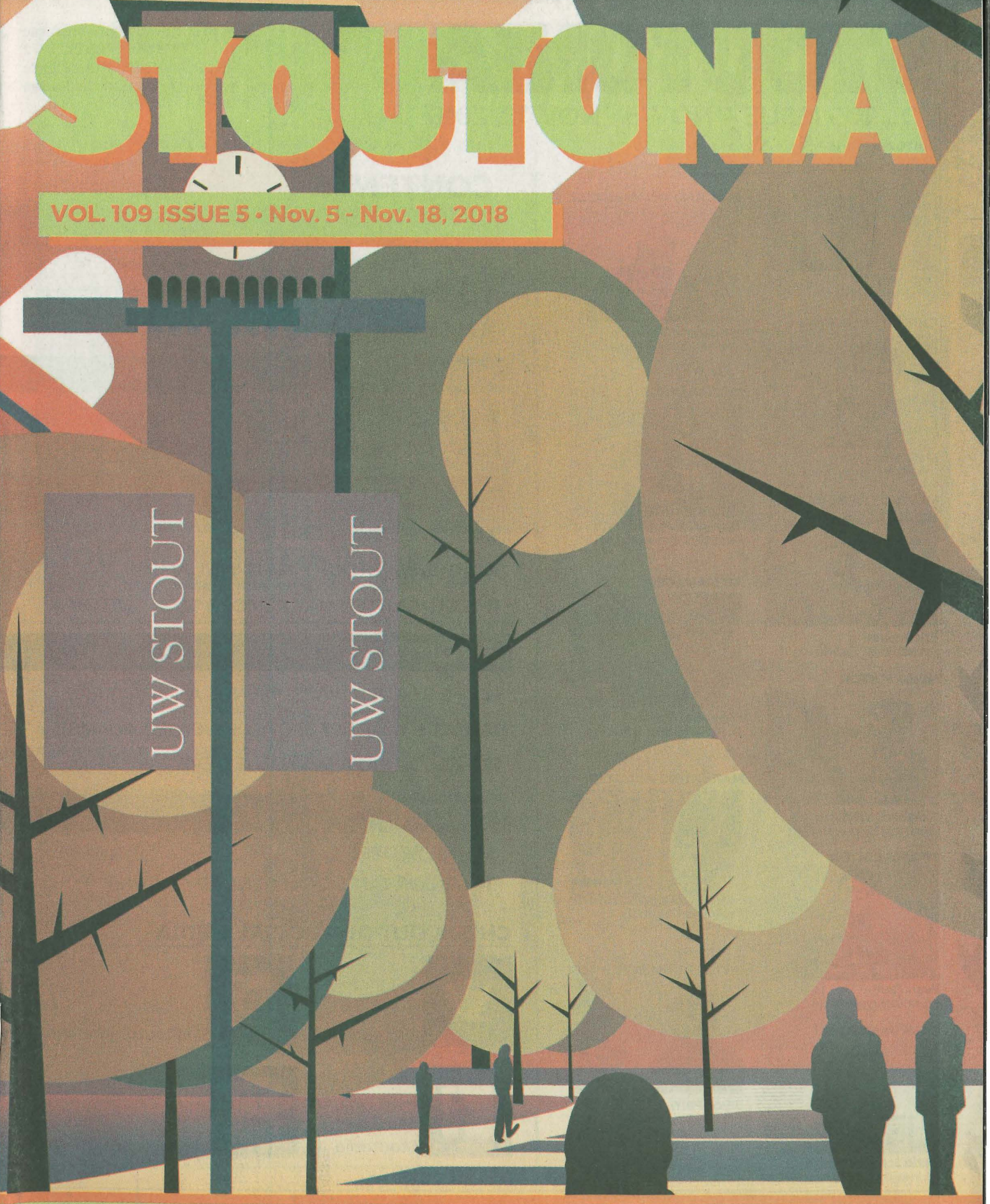

BDP PRESENTS: JOSH PECK • VIKING AND PACKERS RIVALRY • TWITTER MAY REMOVE "LIKE"

STOUTONIA

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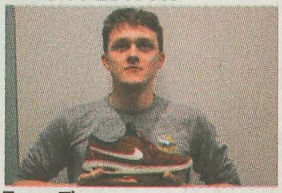

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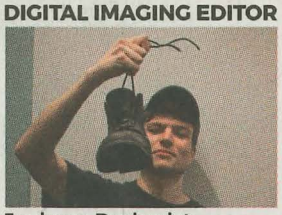

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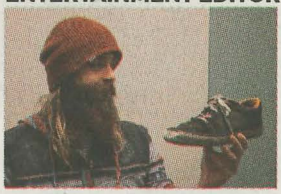

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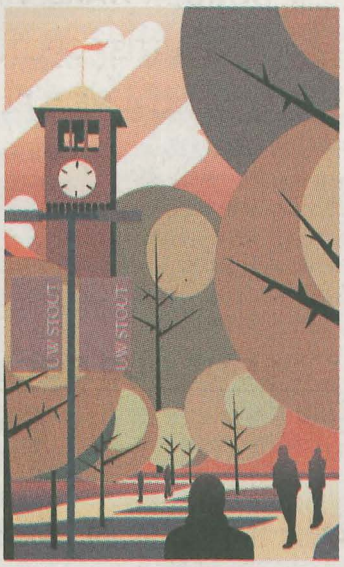
STOUT IN PICTURES

Students on campus the day of the sunday snowfall took part in winter festivities such as building this snowman. Nothing but this melting snowman outside of South Hall was left for students returning to campus.

COVER BY ADRIAN PERALES

"As the semester gets closer and closer to the end, the colors on campus start to change as well! seeing these burst of warm colors just as the weather gets start to get colder really tells me mid-terms are over."

-Adrian



For more of his work visit www.instagram.com/aperal6/ OR rauladrian.com

CUTIE OF THE WEEK

KATIE SCHULZETENBERG/STOUTONIA

Dante is a super good boy belonging to Katie Schulzetenberg. His talents include holding treats on his nose and getting very dirty very fast.

Have a cute pet? Send us a photo to our email: stoutonia@uwstout.edu

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Do you feel that Stout provides adequete help for students struggling with mental health?

Mental health has become much more of a nationally debated topic over the last decade, specifically regarding college students. Do you use the resources UW-Stout provides to help those struggling with mental health and do you feel they are doing enough?

YES

"Everytime I go in, for help I always feel helped. There is so many great people that work there."

-UW-Stout Student

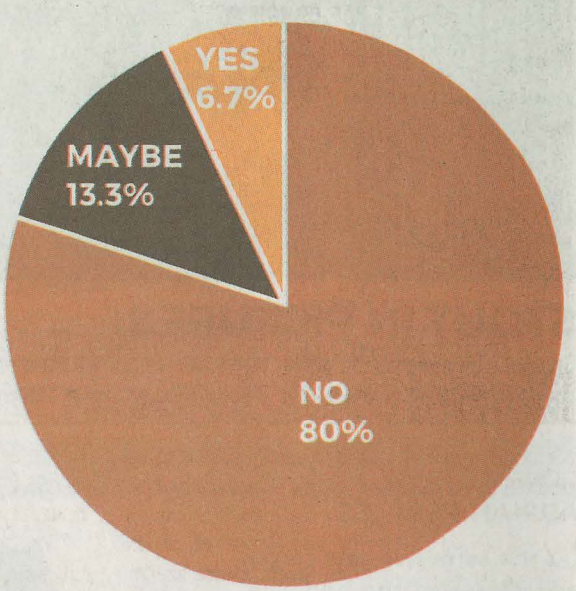
NO

"Stout does very little to promote their ability to help students with mental health issues. The most I have ever seen as a student are posters hanging within the dorms and common areas, but nothing that would provoke a student to actually seek assitance."

-UW-Stout Student

"There is always a really long delay for appointments. It's not the fault of those working there, but they need more workers."

-UW-Stout Student



The survey lasted for two weeks and was conducted online. It was primarily advertised on Campus Life Today and social media. The results are a product of 15 responses.

NEXT POLL

Stoutonia's bi-weekly student poll; Read the prompt, then head over to one of our social media sites to vote and give your opinions.

Did you vote on the most recent election?

Voting has been greatly encouraged on campus to make sure that students know they have a voice.

ADRIAN PERALES/ STOUTONIA

MAKE YOUR VOICE HEARD! VOTE ON SOCIAL MEDIA AND BE SURE TO SHARE.

FIND THE LATEST POLL ON OUR SOCIAL MEDIA

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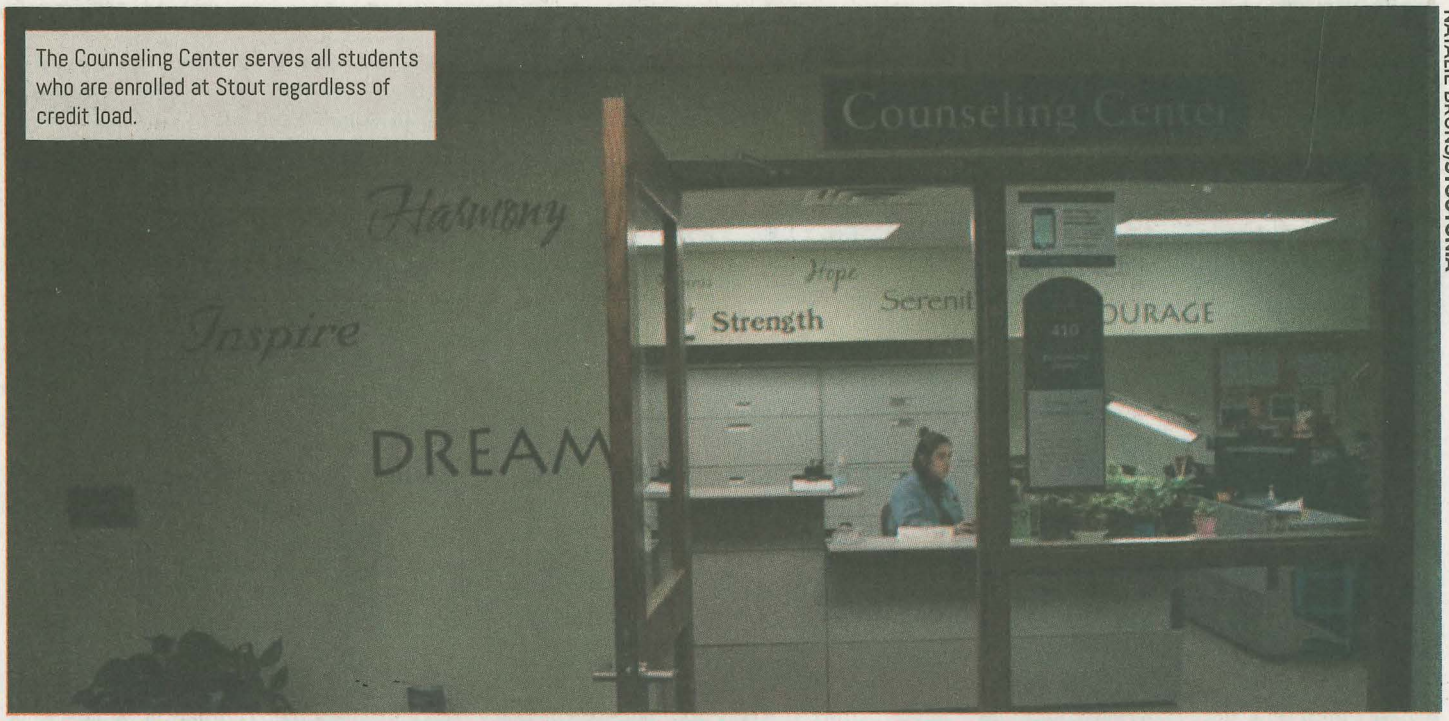
COUNSELING CENTER FOCUSES ON STUDENT NEEDS

KATIE SCHULZETENBERG



The Counseling Center serves all students who are enrolled at Stout regardless of credit load.

NATALIE BRUNS/STOUTONIA

Mental health is an increasing concern, especially for college students. The balance between classes, jobs, and relationships can be overwhelming for students. However, at the University of Wisconsin-Stout, there are resources to handle many common issues that students may experience. The Counseling Center at UW-Stout serves all students who are enrolled at the university regardless of credit load. They offer multiple programs, therapists, and resources to students who may be struggling with anything from roommate troubles to severe trauma.

"We do individual couples and group counseling, and we also have an alcohol and drug education program. We do lots of outreach on campus with presentations and our Wellness Pros, who are undergraduate students that are part of the outreach program," said Chasidy Faith, associate director and licensed psychologist at the Counseling Center.

The Wellness Pros do outreach in resident halls and tabling events as well as one large campus event each semester. "Students teaching students is a powerful way to learn. And it helps let people know about the counseling center as well," added Jeanne Rothaupt, licensed marriage and family therapist and director of the Counseling Center. We are still dealing with stigma, and I think the pros and the outreach help with that," said Rothaupt.

The Counseling Center also has what they call a "Zen Zone." The Zen Zone is a quiet corner of the center where students can take time to relax. There is a massage chair, light therapy, relaxation books, and even some lavender.

"We don't have to diagnose here and we don't bill insurance. We can deal with whatever students are struggling with; it doesn't have to be a diagnosable mental health issue," said Rothaupt. The Counseling Center also offers walk-ins for students who may be in a crisis and need immediate help. "There are three of us that are trained in Eye Movement Desensitization and Reprocessing (EMDR), which is a specific trauma protocol program. I am certified in it and have been doing it for 20 years. So, there are people here who can help with the more significant traumas that students can experience," said Rothaupt.

"The most common issue that students come in for is anxiety and it didn't use to be that way. Relationship issues used to be our number one concern, but anxiety and depression are ahead of those now," said Rothaupt. Based on the number of students coming in for anxiety, Rothaupt and others thought that UW-Stout was possibly worse than others. But after looking at the national average, they saw that UW-Stout was average as far as students struggling with anxiety and depression. "It might be that we are seeing an increase in students reaching out for help and the stigma for mental health and giving care has reduced," said Rothaupt.

The counseling center is particularly busy during midterm season. "October is usually a very hard month for student. They start going into shorter days and there is really no break besides Thanksgiving. Freshman are also adjusting for the first time," said Rothaupt. The Counseling Center works hard to make sure that every student that comes in is able to be helped. One way that has been introduced is group therapy. Group therapy helps the counseling center with being able to help more students as once, while also utilizing group therapy as an effective therapy strategy that has been known to help with social anxiety and public speaking.

The Counseling Center works with other offices on campus, such as Student Health Services, Disability Services, Aspire, and University Housing to help students from all angles. "We feel very supported by the University and the Stout Student Association (SSA), and our administration is supportive of it. We are always trying to more with new tools such as WellTrack, so that students can get help no matter what their level of involvement with the counseling center is. WellTrack is an interactive app that delivers self-help therapy.

The demand for counselors is high, but the Counseling Center is constantly getting creative in making sure that students have what they need. "I would love to see another counselor or two in the future. The need is clearly here. We are doing the best we can, and we are really trying to meet the student's needs," said Rothaupt.

The Counseling Center is located on the fourth floor of Bowman Hall. It is open from 8 a.m. to 4:30 p.m. Monday through Thursday. ●

EVENT ON CAMPUS: MY CULTURE IS NOT YOUR COSTUME

AUDREY TCHAA

It hasn't been long since Halloween, and one of Speak Up's student employees, Lois Cassel hosted her Social Justice Coffee Hour on cultural appropriation. In this discussion, students talked about why and how people's culture isn't a costume; hence the event title: "My Culture Is Not Your Costume."

Cultural appropriation is a societal issue that has been around for a while, especially during Halloween week(end). Cassel explained that cultural appropriation is derived from negative stereotypes that people have of certain minority groups/marginalized identities. The example she gave is dressing up as a Mexican person for a Halloween costume. She says people perceive this minority group as lazy, drunk, partiers and that they just want to have a siesta, which she states isn't an accurate description of them.

"No matter how you put it, if you're wearing a costume that is supposed to represent a certain identity, you're pulling racist stereotypes to do those things and it's never, in my opinion, respectful," said Cassel.

Cassel described the environment of the event as lively and encouraging. "I don't think there was any hinderance or backlash from anybody. If anything, people were very receptive to the information they got from the coffee hour. There was great conversation, at least from what I overheard, and there were a lot of people that were already there who knew the consequences of cultural appropriation, so they were just getting more information about the issue," said Cassel. "I loved the environment. I think this was an environment that fostered a lot of growth and comprehension and understanding, and putting yourself in somebody else's shoes," concluded Cassel.

During the conversation, Cassel said that many spoke on behalf of their own experiences; herself being one of them. She explained that those who did speak out about the subject felt that their identities were being untruthfully portrayed and that it became a lot more of a personal conversation. Cassel also said that those who weren't as educated on the subject started to learn more about the different perspectives of how people feel and learned more about the subject as a whole.

"It's very easy to see a costume, especially if it's not the identity you have. It's very easy to just brush it off and be like, 'Oh, it's just funny. It's not the same thing,' and then you learn from someone who has the identity and they're like, 'This is actually how that makes me feel,' and they come to a realization that they made someone feel bad," said Cassel.

Cassel feels that we need to have these conversations and ignoring them won't make it any better. "I don't think cultural appropriation is going to disappear by us just hoping and praying that it does. It starts with conversation, it starts with people recognizing that there's a problem, and it starts with people humanizing others and seeing them beyond just stereotypes," said Cassel.

Speak Up stands for Social Justice Programming for Engagement, Action, Knowledge and Understanding. It's a department that gives a space for marginalized/minority groups to be more engaged in conversation and activities.

Speak Up supervisor Jacqueline Bisson sheds more light into why we should all be more involved and connected with Speak Up. "We do different social justice programming and look at different marginalized identities that we can bring awareness to and education around, but also build resilience in those communities," said Bisson.

Bisson continues to explain that being a person who isn't as privileged as those in the majority should be given a voice. It's also necessary to educate those who are privileged and engage them into having these kinds of conversations, which brings benefits to both in the majority and minority.

Cassel said, "We have to have an open and honest dialogue about why we feel this way about certain people and where that comes from. It's not just going to go away without us saying anything. It's like going to a doctor, finding out you have cancer and then just being like, 'Okay, if I just ignore the tumor growing in my head that can turn cancerous then it'll just eventually go away,' and it doesn't work like that. Racism and a lot of other awful things in this country are cancerous and it can be very fatal to a lot of people if you don't address the issue," concluded Cassel.

Social Justice Coffee Hours happen every other week in each semester. To find out more about Speak Up, go visit them on Connect and check out their upcoming programs. ●

A DEEPER LOOK INTO SEXUAL VIOLENCE ON CAMPUS

ELIZABETH VIERKANT

Sexual violence has been a major topic over the past few years. University of Wisconsin-Stout student Ryan Leckel is conducting research on sexual violence on Stout's campus.

Leckel, a senior in the applied social science program, is conducting this research for his capstone project. This is the final thesis conducted by students prior to graduation.

"My findings were very clear that there was an issue [with sexual violence] in Menomonie compared to national averages- compared to other college towns," Leckel said. "It was just difficult to pinpoint the reasoning for that."

According to Leckel, Menomonie had high reports of sexual assault. Through a ten year period, there were 119 reports at the Menomonie Police Department. These reports didn't include the year 2009, and they included one month of 2018.

Out of these sexual violence cases, 91 percent were committed against women. The other 9 percent were reported by men. The reports included no victims listed as non-binary. 60.5 percent of victims were suspected to have been UW-Stout students. 88 percent of the crimes were committed against people between the ages of 18 and 34. 70.5 percent were committed against people between the ages of 18 and 24.

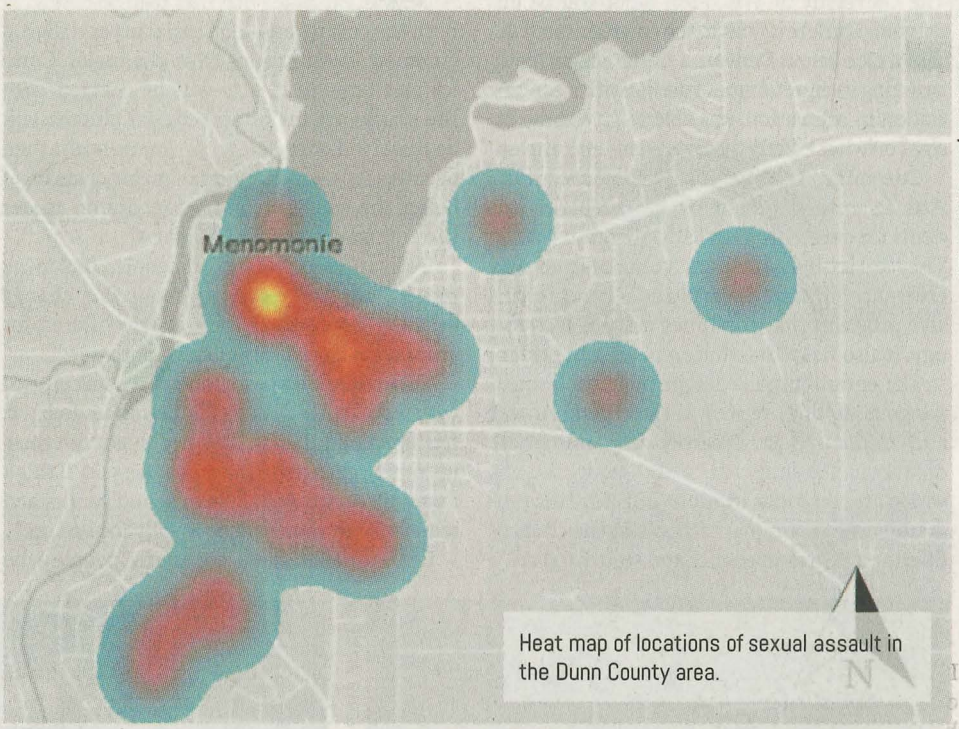
These statistics were compared with reports from River Falls and the Rape, Abuse & Incest National Network (RAINN).

"Yes, we are a college town, and that is explanatory for certain elements of this, but we're also only talking about one agency," said Leckel. "We have three authoritative agencies in the same area between the Dunn County Sheriff's Department, the Menomonie Police Department, and then the campus police." He was only able to gather data from one agency.

Data is also being gathered through interviews and surveys. According to Leckel, the response rate to his survey was low. Despite this, he and his research assistant, Elizabeth Baker, have been able to interview three people so far.

Through interviews, Leckel has noticed some common themes. As stated by him, there is a fear of retraumatization for the victims. This is best described as secondary trauma brought on by memories or speaking about a traumatic event.

With these interviews and surveys, he hopes he will gain more information from those with first hand, second hand, or no experience with sexual violence. "It's very important with something like this- especially when we're talking from a community aspect- to bring everyone together and allow everyone to have a voice," he said.



RYAN LECKEL/CONTRIBUTED

Heat map of locations of sexual assault in the Dunn County area.

Leckel also believes that Menomonie needs more resources to assist those affected by sexual violence. He has also concluded that through community, Menomonie would begin to see some changes with sexual violence. According to him, relationships can make a major difference.

"We're not acknowledging that we really do contribute to the community identity and vice versa. The community outside of the school contributes to the identity of the university..." Leckel said. "[We] really need to be building those relationships. I think that when we can get to that point of building those relationships in a meaningful way, then we can make change, because it takes all of us."

Despite the statistics, Leckel also wanted to emphasize that he considers his findings to be hopeful. According to him, the strength of those that he interviewed shows that with support, change can be made.

"It takes a tremendous amount of strength for someone who's gone through a traumatic event to speak to a stranger- a researcher- to open up, knowing that they won't see any immediate benefits, and in fact, may be retraumatized by coming in and offering their time and their story," he said. "It is such a powerful message."

According to Leckel, the information he has found through his research wasn't shocking, since it follows national averages. For him, the most surprising notion has been the positive response this project has received. This has come from those participating in both the surveys and interviews and those not.

"I think that more people are willing to be open about those experiences," said Leckel. "And, by acknowledging that these things are happening, that is the first step towards change."●

If you or anyone you know has dealt with sexual violence and is in need of help, please feel free to contact The Bridge to Hope. They can be reached through a call at 1-800-924-9918. This is a 24-hour hotline for those dealing with abuse and sexual assault.

Feel free to also contact UW-Stout's counseling center at 715-232-2468. They are currently located in 410 Bowman Hall from 8 a.m. to 4:30 p.m. Monday through Friday.

The National Domestic Abuse Hotline can be reached at 1-800-799-7233. The National Sexual Assault Hotline can be contacted at 1-800-656-4673. These lines are also open 24-hours a day.

UPCOMING CHANGES TO UW-STOUT'S ENTERTAINMENT DESIGN MAJOR

MACKENZIE PETERSON

The University of Wisconsin-Stout will be undergoing some revisions to the entertainment design major. Jenna Derivan, a freshman currently majoring in entertainment design with a concentration in animation, was able to give some insight on what exactly these revisions encompass.

Currently, UW-Stout's Bachelor of Fine Arts in entertainment design prepares students for careers in the fields of digital media. The curriculum includes collaborative and cross-disciplinary projects and a comprehensive program that combines art and technology. It also has a foundation in art and design.

The entertainment design program encompasses disciplines related to the entertainment and media industry, particularly animation, digital cinema and comics and sequential art, which are the concentrations offered. This program is one of a few art schools in the country offering a degree in comics and sequential art.

Derivan explained that they plan on removing both the comics and sequential art and digital cinema concentrations from the major. Comics and sequential arts will be merged with the studio art major and digital cinema will be dissolved completely. Animation will then become its own individual major instead of being the only concentration option under the entertainment design major.

Derivan said, "A lot of people, including myself, are really excited about this change because there will be new classes offered for animation in the future as an outcome."

There are also some students that aren't pleased with these future changes. Eli Lee, an undeclared, freshman said that he does not agree with these upcoming changes to the major. He said, "I think that animation, digital cinema, and comics and sequential art should all be equally focused on."

Lee said that there are many people who prefer digital cinema over animation and vise versa, which is why some students believe Stout should continue to keep both options open for all students, especially those currently in the digital cinema concentration.

Even though these changes won't affect anyone in the major now, it is still a change that will affect the major in the future●

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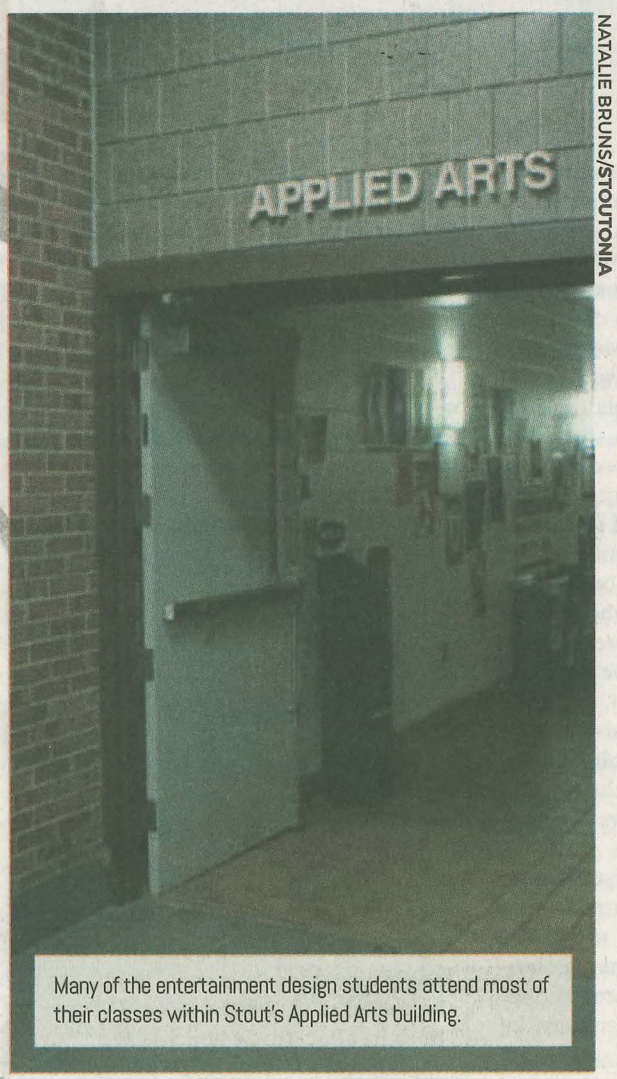

NATALIE BRUNS/STOUTONIA

Many of the entertainment design students attend most of their classes within Stout's Applied Arts building.

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BLUE DEVIL PRODUCTIONS PRESENT: JOSH PECK

GABBY ROHRER

Blue Devil Productions is hosting a large show featuring actor, comedian and YouTube personality Josh Peck. The sold-out show will take place in The Great Hall in University of Wisconsin-Stout's Memorial Student Center at 7 p.m. on Nov. 13.

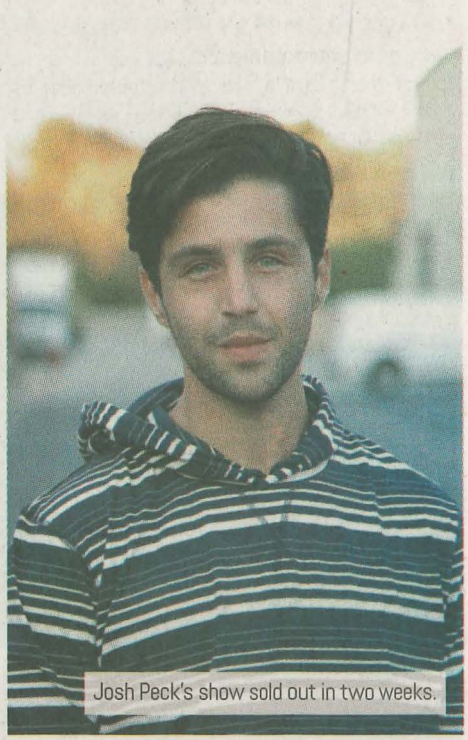
Josh Peck is widely known for his role as Josh Nichols in the Nickelodeon live-action sitcom Drake & Josh. He starred in The Amanda Show, Red Dawn and Take the 10. Peck is also known for his online personality with his 7-second videos on Vine and his videos on YouTube. Peck began branching out his online presence in 2017, starting his own comedic lifestyle YouTube channel, Shua Vlogs, which often features fellow YouTube vlogger David Dobrik and Peck's wife Paige O' Brien.

"We have sold the entire Great Hall out in 2 weeks with 668 tickets sold. The show will be a comedic conversation between Josh Peck and a moderator where Josh will be discussing aspects of his life such as being a star at such a young age and now being a social media influencer. He will also be talking about stories, such as experiences that he has had in the past as well as his future plans," said Chloe Marquez, the Special Events Director of Blue Devil Productions. Marquez was in charge of planning the show, and it is the last show she is planning with Blue Devil Productions.

"I was interested in Josh as our large show event this year because I have realized over the past year how much he is still relevant within our generation. For someone who I personally have grown up watching, I think that it's awesome that I'm still watching him 10 years later," said Marquez.

Some students were interested in hearing about Peck's current life. "I mostly know Josh Peck from watching the show Drake and Josh, as most people probably do," said UW-Stout senior Ryan Redemske. "I thought hearing about his current life would be interesting."

Since Drake and Josh is a show from many students' childhood, it had them feeling nostalgic and interested in the event, "Drake and Josh was one of my favorite shows growing up, so I'm really excited to see his show!" said UW-Stout senior Dylan Playle.●



BLUE DEVIL PRODUCTIONS/CONTRIBUTED

Josh Peck's show sold out in two weeks.

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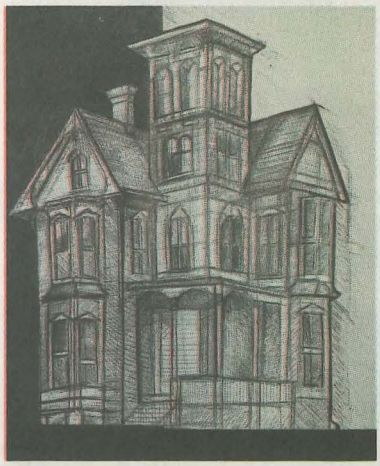
STUDENT-ARTIST SPOTLIGHT: MATT WILLIAMS

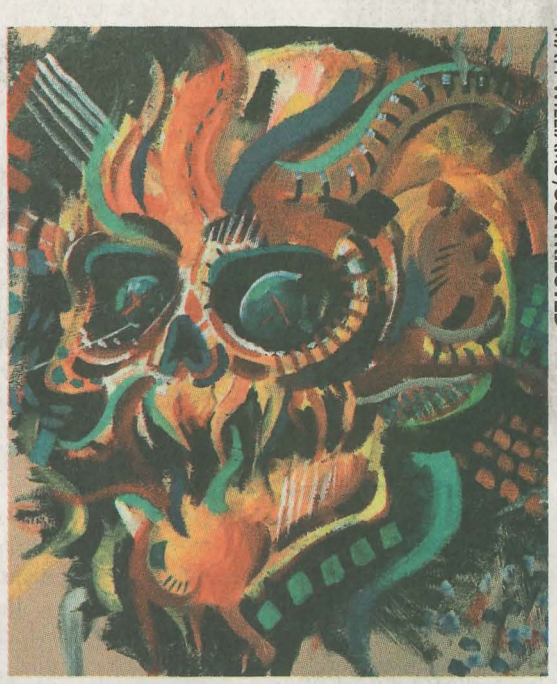
BRYCE PARR

Matt Williams is a Game Design Art Major in the 2D and 3D concentration. Williams enjoys producing music and painting landscapes outside of course work.●

What sparked your interest in art?

I always would do coloring books with my grandma and aunt as a kid, and I've been really into the art of the Halo games. I wanted to learn how to make art like that. That's how I got here.





MATT WILLIAMS /CONTRIBUTED

What styles or mediums do you prefer?

I love to replicate real life with a bic ballpoint pen in my sketchbook and post my doodles on Instagram. It's one of my favorite things to do in my free time. Oil painting, watercolors and ceramics are some of my other favorites along with good 'ole Adobe Photoshop.

What are your plans after graduation?

I hope that I can just make some good money making cool art and music in a region of this country that doesn't get to negative 30 degrees Fahrenheit every winter.

Do you take influence from any artists or designers in particular?

Noah Bradley, Aaron Blaise and Van Gogh are my favorites, and anyone that makes hella juicy landscape paintings.

Are there any projects that stood out to you during your career at Stout?

Yeah, in my GDD 325 class I worked my butt off to make almost all the art for a game here called Cracked. I taught myself to get good at animating cute eggs for weeks. The game never worked because the programmers assigned to my team would rather play PUBG all day and skip more than 8 classes. So the game never worked, and I just have a bunch of unused sprite animations laying around. It was a great experience overall though because I'm proud of the work I made in that class

TECH: TWITTER MAY REMOVE "LIKE" BUTTON

BRYCE PARR

FLICKR/CONTRIBUTED

Twitter CEO Jack Dorsey said he wasn't a fan of the the "like" button at a Twitter event.

In a bid to improve the health of the platform, Twitter CEO Jack Dorsey said he wants to remove the "like" button from Twitter. The "like" button was introduced in 2015 to replace the "favorite" option. Members of the University of Wisconsin-Stout community showed concern toward the decision.

University of Wisconsin-Stout student and Twitter user Macy Helgeson, said she may not use the platform if the "like" button is removed. "There's a reason every social media platform includes some form of like button. We want to react to the things we see and support our friends, and in turn we want to receive validation," Helgeson said.

Twitter's public relations issued a tweet response to the news on Tuesday. "As we've been saying for a while, we are rethinking everything about the service to ensure we are incentivizing healthy conversation, that includes the like button," the tweet said. Twitter has not shared any plans on how it will promote healthy conversation, but many users are concerned that it will come at a cost.

Twitter is also cracking down on site content. Over the summer, the company banned over 70,000 accounts identified as bots and just recently banned another 10,000 accounts that were discouraging users from voting.

UW-Stout professor Cody Reimer expressed his disagreement with the possible plan. "Getting rid of [likes] will have dramatic repercussions" Reimer said.

"The reason people use twitter is varied and complex, but one of the reasons is it is stripped down. Without the like button, it takes more time to compose a response. The floor for engagement is suddenly raised. [Users] will just leave the platform."

Some users also express discontent with the way Twitter approaches it's own guidelines. Despite having rules against hate speech, harassment and threats of violence, some users claim the rules are not upheld.

"There are times when a person will post flat out hate speech and Twitter won't do anything. Then another person will reply to the tweet and challenge the original poster, and Twitter will suspend the [replier] instead." Helgeson said.

Instead of modifying the platform to handle healthy communication autonomously, Reimer believes a more hands-on approach is necessary. "I think they could apply their own rules better. They need to take a hard look at the amount of claims that are submitted against accounts and how well they are upholding their values and rules for behavior" Reimer said.

UW-Stout student Alex Kowalczyk is also concerned with the ban system. "They should also make sure there is due process on account bans. I've followed some people on YouTube that have [been] banned such as EightThoughts for offensive jokes or something. There should be an 18+ option for accounts if that's the case." Kowalczyk said.

The changes to the platform are expected in the near future, but the company has been quiet about what those changes are and when they will take place. •

THE BORDER WARS: RIVALRY BETWEEN THE VIKINGS AND THE PACKERS

EVAN THUE

ADRIAN PERALES/ STOUTONIA

The University of Wisconsin-Stout sits 45 minutes from the Minnesota border. So naturally, many UW-Stout students are from Minnesota and are consequently Vikings fans. Many students like to represent their team proudly, and one rivalry that is very prevalent on campus is the Vikings vs. Packers rivalry.

"I am a very proud and passionate fan," said Jacob Halbert, a junior at UW-Stout and a huge supporter of the Minnesota Vikings.Halbert watches every game he can and tries to attend games regularly. "Well, I wouldn't use the term "super fan" because you can know who those are. But, I generally get pretty loud either if I'm in my room or at the game."

On the flip-side, Halbert's roommate Daniel Worden, who is also a junior at UW-Stout, has the same passion, but for a different team. "I have been rooting for the Packers ever since I was a kid. I watch every game on Sunday and if I miss one, I'll always watch it back," said Worden.

Worden and Halbert both agree that on Sunday, it's a time to put everything else aside and watch the games together. "I mean almost every Sunday we try to get together and watch the games. We try and switch between games, so we can try to watch both," said Halbert.

When the Vikings and the Packers played each other on September 16th, all bets were off. "It's a friendly rivalry for sure. We're not mean to each other, but I mean I was happy when we didn't end up losing the game," said Worden.

That game ended up being a 29 to 29 tie. Both Halbert and Worden agreed that no matter who won they wanted someone to be victorious. "We just wanted someone to have a little bragging right until the next meet-up, but now we have to wait a while," said Halbert. "It is pretty cool though that you could walk around on campus and if you asked somebody, 'Hey, did you see the game?' they would know what you were talking about. It does kind of feel like it's a campus-wide event".

The Vikings and the Packers next game will be on Sunday November 25th. Although we aren't certain who the victor is, we know that these two will be watching and ready to cheer.●

STUDENT-ATHLETE SPOTLIGHT: CALEB ADAMS

EVAN THUE

This issue's Student-Athlete Spotlight is Caleb Adams, a senior on the University of Wisconsin-Stout football team. Adams is a supply chain management major and is from Rochester, Minn. •

What are a few interesting facts about yourself?

I am also a thrower on the track team as well as during the indoor and outdoor seasons.

Another interesting thing most people don't know about me is that I can do the Chinese get-up, which is where you lay on your back and kick up to your feet.

Caleb Adams blocking a defensive end against California Lutheran University on September 22nd.

SPORTS INFORMATION/CONTRIBUTED

Why did you choose UW-Stout?

I decided to come to Stout because of the football coaching staff and the job placement rate. It is also fairly close to home but not too close.

Outside of school and athletics, what are some of your hobbies?

I don't have a lot of free time outside of school and sports, but when I do, I like to hang around with the roommates.

Who is your favorite pro-athlete and why?

I would say Tyron Smith who is the left tackle for the Dallas Cowboys. He and I play very similar to one another on how we act on the field and he is, in my opinion, the best tackle in the NFL.

What is your plan after college?

My plans after college are to see how far I can go in my football career and if that doesn't work out, I hope to pursue a job at Mayo Clinic back in my hometown of Rochester in their supply chain department.

WELCOMING A NEW BLUE DEVIL

ALEX LUTZ

This basketball season brings a new face on the sidelines for the Blue Devil men's basketball team. Coach Jim Lake has taken the reigns for this year and he is excited about what's to come.

Lake shared his enthusiasm about being a part of the program here at the University of Wisconsin-Stout. "When I looked at this and researched this school, I really felt like it was a sleeping giant as far as an hour away from the cities; in a great state like Wisconsin where hoops are very well thought of."

Tanner Schmitt of Westby, Wisconsin said, "Coach Lake brings a new energy to the program. He's very easy to talk to. He created a new culture here." Schmitt later added that Lake's game style and practice style are very similar in the fact that it's up-tempo and always intense. "He makes the drills competitive which makes them fun," Schmitt said.

Jon Ciriacks of East Troy, Wisconsin had nothing but high praise for his coach, "I feel like the overall energy of workout and practices have increased. It also seems like players are more motivated to come to practice," said Ciriacks. He said, "One thing that sets Coach Lake apart from other coaches that I've had is his ability to teach. So far, he seems like more of a teacher that can coach which is awesome to have."

Lake started coaching basketball in college and has coached at almost every level of basketball except the professional level. "I feel pretty prepared, having coached at just about every level of basketball to be where I'm at today," he said.

Lake grew up in North Branch, Michigan and later attended college at Central Michigan University, where he got his bachelor's and started coaching. He got his masters from Ohio University.

Many coaches will model their coaching style after great hall-of-fame coaches but for Lake, he likes to use the people he's worked with when it comes to molding his coaching style. He's had the opportunity to coach with some of his best friends, which has given him memories that he holds dearly.

When it comes to this year's team, Lake is excited for what's to come. He still believes that there's a lot of work to be done. "We have a couple guards coming back off of injury. We have a really strong leader coming back in Zach Dahl," said Lake. "We also have some other guys who are veterans who didn't have a large role in the past that will be getting their opportunity now. We have a ton of young guys who are hungry and coming at it. All of our big guys are freshmen, so we have some work to do in toughening them up."

Jim Lake his starting is first year coaching the UW-Stout men's team.

SPORTS INFORMATION/CONTRIBUTED

Overall everyone is excited for what's to come in the season and on Nov. 16, they will have their opportunity to see their work pay off during the UW-Stout Tip-Off Tournament. •

SATIRE

THE 'SCOPES

CAM "DOCTORS HATE HIM" PARRUCCI

Aries (March 21 - April 19)
Your desire to make new friends will be promptly shattered when you find out no one wants to be friends with a professional Rush Limbaugh impersonator.

Taurus (April 20 - May 20)
Fate has determined that your lasting legacy will be the world record for the most retail store rewards accounts under one person's name.

Gemini (May 21 - June 20)
Getting up in the morning will become more and more difficult until you confront your roommates for duct-taping you into your bed each night.

Cancer (June 21 - July 22)
You will find a new coping mechanism in Moscow Mules that will surely not lead to any problems in the future.

Leo (July 23 - August 22)
Spice things up at your workplace by penning some hard-hitting bathroom graffiti about your boss's awful haircut.

Virgo (August 23 - September 22)
Rejoice! Anime isn't weird for people to watch and enjoy anymore. Now people will focus on the other things about you that make them uncomfortable.

Libra (September 23 - October 22)
A crazy turn of events will force you to go back and repeat the fourth grade. Even as a capable adult, you will not survive the bullying from your classmates.

Scorpio (October 23 - November 21)
Your "innocent prank" will come back to haunt you when you realize the porta-potty you locked your friend in has been gone for 3 weeks.

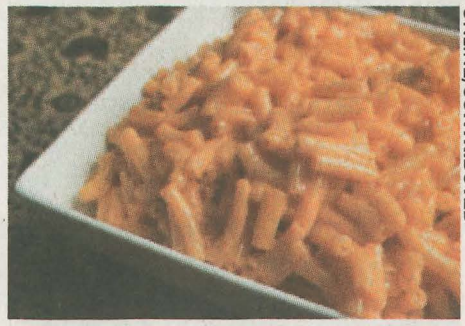
Sagittarius (November 22 - December 21)
Your final wishes will come to fruition after death when your ashes are pressed into a Styx "Greatest Hits" vinyl record.

Capricorn (December 22 - January 19)
Your poor planning skills will come to a head when you accidentally invite two different brides to your wedding!

Aquarius (January 20 - February 19)
A stark lack of observation skills will lead to you somehow become the new mayor of Menomonie. Congrats!

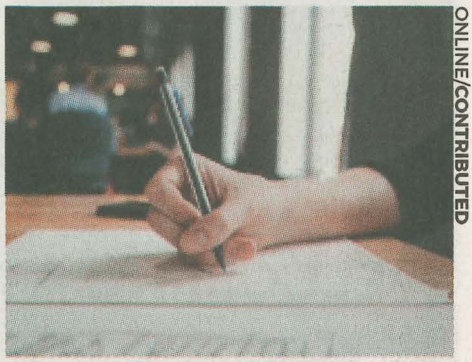
Pisces (February 20 - March 20)
Deleting Tinder to improve your mental health was a good idea at first, until you realize you're still at square one, just now without the validation from complete strangers.

WEBSITE EXCLUSIVES



ONLINE/CONTRIBUTED

Mac and Cheese Dinner Starting To Disappoint After 15th Night in a Row



ONLINE/CONTRIBUTED

Seriously?: Your Classmate Needs to Borrow A Pencil

Freshmen Wowed at Senior's Tales of Legendary Historic Site Called "Rehab"

CAMERON PARRUCCI

Spotty recollections of bright lights, beautiful music, and crowds of people having the time of their lives are just a small part of these tall-tales that senior Pete Hubbard recites to wide-eyed freshman in his elective Rock Music History course.

The legacy of this historic Menomonie site, "Rehab," are recalled by many UW-Stout student historians. Once a shining example of UW-Stout's underbelly, the events of what happened behind those closed doors have been lost to recorded history.

However, through these tales of yore shared by the senior-class of UW-Stout, the legend of this "Rehab" location live on.

Stories include descriptions of wonderful architectural displays of metal poles coming out of the floor spread throughout, ornate pieces of avant-garde art and literature scrawled throughout site's restroom walls, and floors that feet inexplicably stick to, like a sort of magnifying grip.

When asked about this site, Stout seniors and alumni often wistfully recall vague times there, such as birthdays, holidays, and advisement day eves celebrated within. They're often left wondering what happened to that old place.

"It was a crazy place, dude," says Hubbard. "I wouldn't have traded my time there for anything in the world. You guys would've really loved it."

Future generations of UW-Stout students may not be able to experience this place, but that won't stop the people who've experienced it from telling their stories about it. ●

ONLINE/CONTRIBUTED

CALENDAR

NOV. 5 - NOV. 18, 2018

Nov. 1 - 10
Art Exhibition: "Dark Days Bring Out Distorted Beauties"
Menomonie Public Library

Tue. Nov. 6, 13, 20 & 27
Hot Cider Tuesdays
The Involvement Center
9 a.m. - 2 p.m.

Wed. Nov. 7
Food Science Club Meeting with Guest Speakers
Heritage Hall 238
6 - 7:30 p.m.

Thurs. Nov. 8
International Night 2018
MSC Great Hall
5 - 8 p.m.

Nov. 8, 9, 10, 16 & 17
Stout Theatre Presents: A Series of One Acts
Harvey Hall Theatre
7:30 p.m.

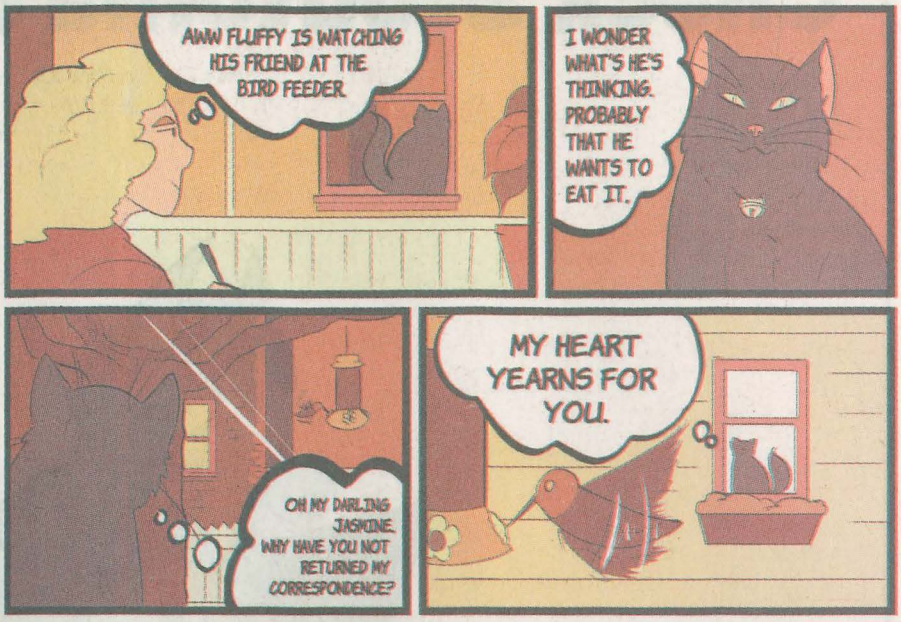
Thurs. Nov. 8
Free Show: Hope Country w/ Julia Christie
MSC Terrace
8 p.m.

Tues. Nov. 13
Josh Peck at UW-Stout
MSC Great Hall
Doors at 7 p.m. Show at 8 p.m.

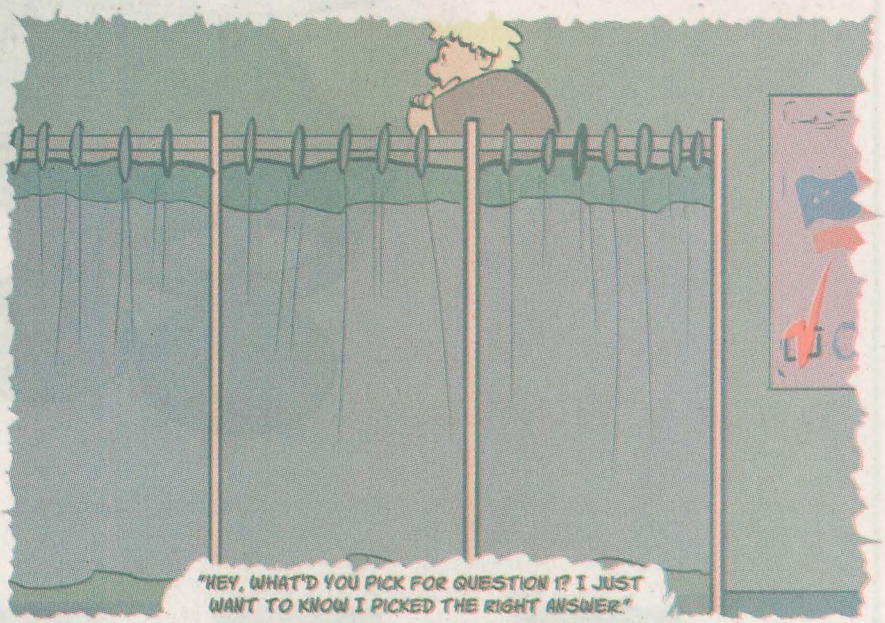
STOUT COMICS

BY ADRIAN PERALES

DOG PEOPLE


AWW FLUFFY IS WATCHING HIS FRIEND AT THE BIRD FEEDER.
I WONDER WHAT'S HE'S THINKING. PROBABLY THAT HE WANTS TO EAT IT.
OH MY DARLING JASMINE. WHY HAVE YOU NOT RETURNED MY CORRESPONDENCE?
MY HEART YEARNS FOR YOU.

MULTIPLE CHOICE



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